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BROADMEAD, COCKEYSVILLE, MD

MARCH 2017

Longest quarantine overcome by persistent teamwork

By Ed Hirschmann

After almost two weeks of ravaging, a nasty norovirus was ousted from Broadmead following a coordinated attack by staff and residents.

Veteran residents said it was the community's worst epidemic in memory. Bernard Queen, food service manager, said there had been only two previous occasions when the dining room was closed, and in both cases it was for only one day. This was by far the longest quarantine in his 28 years at Broadmead.

Dr. Barbara Carroll, chief medical officer, reported at a recent Fireside Chat that about 28 percent of residents overall had been infected. Only 10 percent in independent living and 20 percent in Taylor were infected, but in Hallowell the rate was "close to 60 percent."

There were two periods of quarantine: the first for a few days and the second for an entire week. During the latter period, the main dining room, Holly Terrace, was closed. In the Arbor Café the seating area was declared off limits to prevent the transmission of the virus from the furniture and all food was carryout. Bernard was able to mobilize his 70-person force to hand out the dishes, keeping residents from touching the displayed foods, while his "utility guys" delivered 40 to 50 meals per day to the apartments.

All group activities, including exercise classes, lectures and concerts, were suspended at Broadmead. The fitness room and pool were closed. Frequent washing with

Continued on page 2

Parking tighter as occupancy increases at Broadmead

By Bernie Anderson

The good news is that, as of February 1, Broadmead has an occupancy rate of about 97 percent. The bad news is that with this increase, parking on campus has become a bigger challenge.

And then there is the Master Plan.

There are now about 300 residents living in the 249 garden homes, with 208 vehicles officially registered with Broadmead. Thirty of the homes have more than one vehicle. Add to that 120 staff vehicles, as well as guest and contractors' vehicles, and one begins to see the challenge of parking at Broadmead. Currently there are 478 parking spaces.

Transportation Coordinator Frances Hawks is responsible for the management and monitoring of parking. She issues parking stickers that residents place on the rear bumper of their vehicles. Once a year she distributes a form asking for updated vehicle information, most recently in February.

Continued on page 3

Inside..

<i>MaCCRA Meeting</i>	<i>2</i>
<i>Master Plan Update</i>	<i>4</i>
<i>Legacies</i>	<i>14</i>

The masthead photo by Erroll Hay shows snowdrop flowers on the slope across from the Stony Run parking lot.

Quarantine, continued

alcoholic tissues became the order of the day. Deep cleaning was carried out by a company brought in especially for the purpose.

According to the Centers for Disease Control and Prevention (CDC), the norovirus is highly contagious. Because there are many types of the virus, an individual can become infected more than once. People are most contagious when they are sick.

A person becomes infected by accidentally getting stool or vomit from an infected person in his or her mouth, the CDC says. In addition to ingesting contaminated food or drink, the illness can be acquired by

- ◆ touching surfaces or objects contaminated with norovirus and then putting one's fingers in one's mouth, or
- ◆ having contact with someone who is infected, for example, caring for or sharing food or eating utensils with someone with norovirus illness).

According to Bernard, a visitor from the Health Department, on being told of an incident some three days before the quarantine, when a resident got sick to his stomach in the food service area of the café, speculated that the epidemic could have begun then.

Norovirus can spread quickly in closed places like daycare centers, nursing homes, schools, and cruise ships, according to the CDC. Most norovirus outbreaks in the United States happen from November to April.

Dr. Carroll underlined the importance of residents frequently washing their hands, preferably with soap and water, though if a sanitizing solution contains more than 70 percent alcohol, it can be effective.

First Monday Book Group

10:30 a.m. Auditorium

March 6

On My Own
by Diane Rehm

April 3

Alexander Hamilton
by Ron Chernow

Broadmead delegation attends MaCCRA meeting in Annapolis

By Alma Smith

MaCCRA Day in Annapolis, February 15, was attended by more than 70 members from CCRCs in Maryland, including eight Broadmead members. Barbara Brocato, MaCCRA's legislative liaison, led a group to the State House, where Delegate Luke Clippinger, from District 46 in South Baltimore, introduced his grandmother, Broadmead's Dorothy Sinclair, and other MaCCRA members. The big issues of the morning were the new duties of Attorney General Brian Frosh related to immigrants and the epidemic of opioids.

Because of the length of the morning session, few legislators came to the MaCCRA gathering until after 11:30 a.m. In the interim, Barbara Brocato gave an educational talk on the workings of the State legislature and the importance of their dealing with over 2,000 bills during the 2017 Session.

The MaCCRA members discussed shared concerns regarding fire codes, medical IRS deductions, and other issues.

State MaCCRA President Alma Smith reported that she met with several legislators and received favorable responses to current bills regarding the traffic light at the entrance of Broadmead. The legislators included Delegate Steve Lafferty, Delegate Dana Stein, who is also vice chair of the Environment and Transportation Committee, and Senator Katherine Klausmeier, who serves on the Senate Finance Committee.

Broadmead is awaiting a decision regarding this issue.

OOPS ...

Last month's description of the contents of the Display Case contained an unfortunate error of attribution. It credited Penny Partlow with the entire display of teapots. It should have stated that the teapots were the collection of Loretta Cunninghame and the cups, linens and spoons were supplied by Penny Partlow.

The Voice regrets this mistake.

Parking, continued from page 1

As changes occur during the year, such as the purchase or disposal of a vehicle, residents are responsible for notifying Frances.

The eight lots near the garden homes are designated for overnight parking and include carports, for which a monthly fee of \$45 is charged. All of these are full, and more than 20 residents are wait listed, with the longest lists in clusters C, D, E and F.

Unauthorized vehicles found parking in one of these spaces are subject to a parking ticket. Campus safety officers make occasional inspections to check on unauthorized parking. However, there are spaces in the open areas in each of the lots that can be used by anyone.

Broadmead employs more than 300 people, over a third of whom work the day shift. The parking area for employees has a capacity of around 100, mostly located near Holly House. A newly designated handicap parking area is available for employee vehicles displaying a handicap parking sticker issued by the Department of Motor Vehicles.

The Stony Run parking lot, with 46 spaces, including three handicap ones, is the most frequently used temporary lot. Residents typically park there when visiting the Broadmead Center. Residents living in P, Q and R clusters, the closest to the Stony Run lot, are asked not to park there overnight. However, this lot is also used by others, including employees.

On a recent day at around 1:30 p.m., when the Hallowell/Taylor quarantine was in effect, 31 vehicles were parked there. Only 18 displayed Broadmead tags. A new sign at the entrance states, "Resident & Resident Guest Parking Only, No Staff Parking." A recent memo to employees from COO Robin Somers emphasized that this policy will be monitored throughout the day and enforced by disciplinary action. The only exception is for staff working between 11 p.m. and 7 a.m.

There are several parking spaces in front of the Center. These spaces are frequently filled

during the day, especially during a Broadmead event, when vehicles can be seen parked along Copper Beech Road.

When the construction phase of the Master Plan begins, residents and employees may find some inconveniences in parking. When

the construction of a new entrance to Broadmead (about 200 feet north of the present one) commences, the employee parking lot will be relocated to the area near the current main entrance. The old lot will become the site of the new Hillside Homes, which will have parking underground.

Baltimore County requires a minimum of 513 parking spaces for the future campus. Current plans call for 588 spaces.

During the entire construction phase, which may last for approximately three years

starting this fall, construction vehicles will be a daily issue.

However, the administration is well aware of the potential problems and is in the process of formulating a plan to minimize any inconveniences to residents without disrupting the construction process. The recently inaugurated shuttle is part of that plan.



Broadmead Playreaders

REUNION

by John DePrine

Wednesday, March 1

7 p.m. Auditorium

Cast

Anna Kendall, attorney	Shirley Christie
Joshua Faraday, attorney	Bob Gist
Senator Waldo Faraday	Jim Crowder
Madame Magda Milo, diva	Suzanne Crowder

Master Plan design updates incorporate resident concerns

By Jackie Mintz

At a recent Town Hall meeting, John Howl and other members of the Master Plan team presented the final design choices for the Master Plan. Lead architect Mike Martin said the changes showed that the designers had listened to and heard residents' concerns.

Highlights of these choices are reviewed below, including the redesign of the auditorium and dining room. Other topics were previously covered in the Voice (skilled nursing addition, resident activity areas).

Auditorium partition.

An earlier plan for the auditorium provided for a single indivisible space. The lack of flexibility of such a design caught the attention of some residents, who registered their concern with the administration (see January issue, page 1).

In response, the new design features a partition consisting of Modernfold wall partitions, which serves to set apart a lounge area by the fireplace, near the bookshelves. Above the Modernfold partition is a fixed glass partition stretching to the ceiling, which will act to reduce noise.

It will also make the space seem much larger, which the current partition between the lounge and auditorium fails to do.

This space will be accessed from the hall through a door at the end where the bookshelves are currently located.

Dining room. The new plan shows an enlarged Holly Terrace that seats approximately 140, compared to the existing arrangement, which provides for 104 seats.

The Magnolia Room is unchanged. An earlier plan for outdoor seating is off the table, at least for the present.

New space for

walkers. The plan shows additional space between Holly Terrace and Arbor Café for walkers and other mobility devices. This change prompted a

resident to ask where residents waiting for a table or laggard dinner partners were to sit. The plan, below, shows seating for four or five people, slightly reduced from the current seating plan.

Lower-level resident conference room.

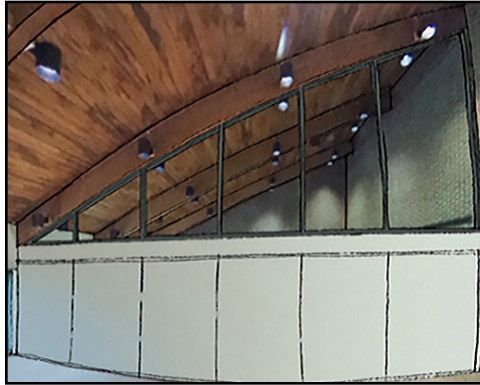
Combining the current

Fireplace Room and the Paperback Room, this area will provide a larger meeting space than at present. With three 6-foot French doors, it will also open onto the bistro.

When not in use for a meeting, it can serve as an additional informal lounge and gathering space.

Site design. In the latest version of the design, the new entrance and the Maryland T remain

unchanged. The new entrance will be located approximately 200 feet north of the current exit. Approval for the Maryland T is expected this spring, along with approval of the underground cabling for a traffic light.



Auditorium Lounge Partition



Holly Terrace



Waiting Area

Legislation to permit a traffic light is pending before committees of the Senate and the General Assembly.

The plans for a reshaped perimeter road (Copper Beech Lane) may necessitate moving the vegetable garden, but a new location has not yet been determined.

Final pricing for the new entrance and related changes is expected in May 2017, with State Highway Administration approval in spring 2017. Construction should begin in summer 2017, with completion in early 2018.

Adventures in Learning

**Rogers and Hammerstein
Musicals**

Wednesdays at 10:30 a.m.
Auditorium

Presented by Lynn Summerall

March 1 - **Oklahoma**

March 8 - **Carousel**

March 15 - **South Pacific**

March 22 - **The Sound of Music**

Great Decisions

Mondays, 3:30 p.m.
Auditorium

March 6 - **Nuclear Security**
Facilitator - Park Espenschade

March 13 - **Latin America**
Facilitator - Marj Espenschade

Social Worker speaks at Exchange

By Penny Partlow

A 12-year veteran of the health care team at Broadmead, Teresa Gramling Geroulo serves as a social worker on the transitioning team led by Health Care Administrator Ann Patterson.

Teresa's major responsibility is for residents of Hallowell and Taylor, where she provides assessments of cognition and mood issues and is a primary liaison with family members. She is an important player in the evolving dementia care program and currently directs staff education in that area. During the orientation program, every new employee at Broadmead is required to attend two hours of training in dementia recognition.



For two years, Teresa convened a Caregivers Group for families dealing with dementia. Currently, she is working with a Grief Support group, but she hopes to be able to fill the need for caregiver support again.

A graduate of Towson University, Teresa holds a master's degree in social work from the University of Maryland. After the completion of two more courses, she will receive a certificate on aging from Johns Hopkins University. She is working on three articles for publication in professional journals.

Married last June to Christopher Geroulo, Teresa, the mother of a 24-year old son, acquired a stepdaughter and two grandchildren aged five and nine.

Teresa is an active volunteer at the Church of the Nativity and especially enjoys traveling.

**Help your neighbors
and yourselves
Wear name tags!**

Outsourcing: Good policy? Bad policy?

By Richard Goody

Outsourcing means that an independent contractor is hired to perform work that has been, or could be, performed by permanent employees.

Devotees of the TV series “Downton Abbey” are familiar with the army of servants needed to look after the Earl of Grantham and his family. Nowadays no one, however rich, would want to live like that, when many businesses are available that can provide catering services, laundry and cleaning services, linen service, landscaping services, and much else, to replace a large permanent staff.

Robin Somers, Chief Operating Officer, is responsible for choosing appropriate outsourcing activities at Broadmead.

According to Robin, the three general principles that she uses to judge outsourcing activities are service, skills, and finance.

Service: Can the contractor adequately provide the needed services? **Skills:** Can the contractor provide higher skills than Broadmead employees do? **Finance:** Is the outsourcing cost-effective? If any of these criteria is not satisfied, the outsourcing will not take place.

One of the most important contractors at Broadmead is Genesis Health Care from Pennsylvania. Genesis provides a wide variety of health care options. The three activities provided at present are physical therapy, occupational therapy, and speech therapy.

Approximately five therapists come daily to Broadmead. Each has sufficient length of service here that residents are able to become used to a particular therapist. Therapy takes place in Hallowell Hall or in the Wellness Center, and oversight is provided by Ann Patterson, health care administrator.

These activities were at one time performed in-house, but in addition to offering excellent services, Genesis is familiar with the tangled and ever-changing skein of government regulations. This knowledge is extremely difficult to provide in-house.

Robin Somers says she is very satisfied with all aspects of Genesis Health Care at Broadmead.

Another major contract is landscaping, provided by Bright View, which recently merged with Broadmead’s previous contractor, Brickman. The intermittent nature of lawn mowing and tree work is such that it doesn’t make sense to employ permanent staff. Linnette Kanitz, Grounds Manager, provides oversight for Bright View’s work.

Some consultancies might also be called outsourcing. Fran Anderson is a Baltimore consultant that performs the task of owner’s representative for any construction work at Broadmead.

An owner’s representative, as the name suggests, provides all necessary oversight and paperwork connected with building activities at Broadmead. This work is intermittent and requires an unusual combination of skills.

The Exercise Pool is another case where skills are required but the work is intermittent and not suited to permanent staff.

The Asbury Group is an IT firm that specializes in aiding CCRCs. In the company’s words: “Are you tired of spending time and resources maintaining, patching, monitoring and repairing your servers?”

According to Victoria Bragg, chair of the BRA IT committee, Asbury staff are very good at their job and have access to a breadth and depth of expertise not available at Broadmead.

Early efforts by Broadmead staff to support IT services revealed the magnitude of the technical resources needed. Consequently, Broadmead has now hired Asbury to manage the entire technology operation.

Outsourcing the Country Store is a controversial issue. The store belongs to the BRA, not to Broadmead. The BRA will have to decide the fate of the Country Store before any action can be taken.

Finally, as an example of a move in the opposite direction, the task of security has recently been returned to Broadmead from private contractors. It has proved to be important for residents to know and feel comfortable with those who are responsible for their safety.

Chinese New Year celebrated with food and dance



Text by Gwen Marable Photos by Erroll Hay

Broadmead celebrated the Chinese New Year of 2017 (Year of the Rooster), sponsored by the Multicultural Committee and arranged by resident Lily Kouo, with a Chinese banquet prepared by the Food Service and LifeStyle departments and served to some 100 guests.

After dinner, Tim Baker, son of resident Sue Baker, who teaches in Taiwan, spoke of the ways in which the Chinese observe this holiday, particularly at the family level.

Photographs of his Taiwanese in-laws' festive meals illustrated the traditional side of the celebration, followed by a discussion of the differences accompanying changes in modern Chinese families.

Following the lecture was a performance of traditional dances by the Guifang Yuan Dance Group. Afterwards, each performer was given a traditional red envelope containing a monetary gift.

Paint and Pastels

Thursdays
10 a.m. - noon
Lower Level Art Room

Ceramics

Thursdays
1 p.m. - 3 p.m.
Lower Level Ceramics Studio

Sew and So

Tuesdays and Wednesdays
10 a.m. - noon
Room S-215

Freshly laundered garments only!

What's underfoot? A guide to Cockeysville marble

By Richard Goody

Broadmead's southeastern boundary lies along the southeast side of Copper Beech Lane, where it is protected by a wall of earth set with large boulders. Most boulders are two to three feet in diameter; some are as large as six feet in diameter; and a few appear to be anchored to the bedrock beneath. All look dirty and unimportant until you use a hammer to chip off a piece of rock, when it appears to be microcrystalline and a brilliant white. This is the Cockeysville marble, a major geological formation some 700 feet thick in northern Baltimore County.

The boulders come from the original site work on the Broadmead campus. Now the campus has a few inches of top soil with a clay soil beneath, in which the Broadmead electricity and water utilities are buried up to 10 feet below. But the marble stratum cannot be far below that.

Test borings taken in support of the proposed new buildings for the Master Plan do not give a clear picture. These borings went down 30 feet or less and found no evidence of the bedrock and occasional hard rock features.

Cockeysville marble, because it is a karst, is a rock that is slightly soluble in water and can show tunneling and sink holes. If foundations are sunk into such rock, more erosion is possible, leading to collapse. This has not happened in the older Broadmead Center buildings, and it would not happen in the garden homes, which are too light.

Marble is, despite its desirability as a building material, a rather modest mineral, being most commonly a metamorphosed product of limestone. The limestone precursor rock is formed by the accumulation of calcium carbonate (from the shells of minute sea animals) in a Cambrian (500-million-year-old) ocean. In the case of marble, the conditions required for metamorphosis are prolonged exposure to extremely high temperatures and

pressures, which are only found at great depth in the Earth's crust. So the marble has had quite a journey, but it has had plenty of time to change.

According to the Maryland Geological Survey maps, Cockeysville marble occurs in a complex region centered on Texas, going north to Belfast, south to Towson, east to Glen Arm and Gittings and west to Owings Mills. In Cockeysville there have been two important marble/calcite mines, the complex of mines at Texas and those at Beaver Dam.

Much use has been made of Cockeysville marble as a building material both in Baltimore and in Washington, D.C. The most striking use is the Washington Monument. The first 152 feet of the monument, built between 1845 and 1854, were faced with marble from the Texas quarry. Funds ran out in 1854 and building was resumed in 1879 using a more expensive stone from Lee, MA. Four courses of stone were laid, but the expense was too great and there were other difficulties, so the upper 403 feet were faced with Cockeysville marble, from the Beaver Dam quarry.



Bird and Nature

Thursday, March 16
11 a.m. Fireplace Room

Helping Pollinators at Broadmead

Rob Mardiney

Wednesday, March 29
7 p.m. Auditorium

Find out how you can help!

Quarries of neighboring Limestone Valley worked since the 17th century

By Bernie Anderson

Did you know that Broadmead borders on a 27-square-mile area known as the Limestone Valley? It includes the hamlets of Lutherville, Timonium, Ashland, Texas and parts of Cockeysville. It is named for the material that lies under much of the area.

Local residents are familiar with the area's numerous active and abandoned quarries, some of which have become popular swimming holes, such as Beaver Dam and Beaver Springs. Within view of Route 83 is a large active quarry owned and operated by Lafarge North America, Inc.

Rich in history going back to around 1660, when only Indian hunting parties, a few trappers, and rangers from nearby Garrison Fort passed through, the area began to be settled as the quarries attracted many looking for work. One of the main settlements that grew up around the quarries was Texas, which has a notable history of settlement by Irish immigrants fleeing during the Great Famine of 1845-52.

The village of Texas has been known over the years as "Clark's Switch," "Clarksville," "Ellengowan" and "Texas." The original name of "Clark's Switch" and later "Clarksville" came

from the family of John Clark, attracted to the area by reports of good wages paid by the quarries. Clark and his wife Eva are remembered for having donated the land for St. Joseph's Catholic Church.

The story of how "Ellengowan" was renamed "Texas" is interesting. During the Mexican War in the 1840s a volunteer rifle company from Ellengowan called the "Texas Greens" joined the war effort and went to Texas to help in the fight. When they returned home, the town was renamed "Texas" in their honor.

By 1850, Texas reached its peak as an industrial town. There were as many as 13 quarries and 40 lime kilns in operation in the Texas, Cockeysville, and Beaver Dam areas. Stone from these quarries was used to construct some of the most famous buildings and monuments in the United

States, including the Washington Monuments in Washington, D.C. and Baltimore.

In a book published during the American Bicentennial, it was observed that Texas and its surrounding areas had changed drastically since it was called "a little bit of Ireland set among the uplands of Baltimore County."



Country Store

Weekdays 10 - 2 Saturdays 11 - 1

All resident artists are welcome to sell their work on consignment

Please call Alice Christensen, x8377

Corner Cupboard

Weekdays except Wednesday 10 - 4:30

Men's Saturday Social

9 a.m. Auditorium

March 11 - Roger Karsk

March 25 - TBA

Please wear name tags

March Wellness Highlights

Cooking Demo and NCR Trail Outing

By Bob Heaton

On Thursday, March 30, Sous Chef Leroy Richardson will offer a demonstration of healthy cooking at 3 p.m. in the auditorium. He will use gas-fired equipment to show residents how they can prepare healthy fare in their cluster kitchens using ingredients that are easy to obtain. Wellness Director Andy Switzer notes that proper diet is a major wellness component, and a person's role in creating part of that diet at home can add a dimension of satisfaction.

Bus trips to the Torrey C. Brown Trail, formerly the NCR Trail, will resume on Tuesday, March 28, for both hikers and cyclists, continuing on Tuesdays at least through April. Previously, these outings were for hikers one week and cyclists the next, but they will be combined this year. To schedule the appropriately sized bus, sign-ups for these trips are required. The bus will leave from the lower level entrance at 9:30 a.m.

For this month's installment of "The Exchange," on Thursday, March 23, at 3 p.m., in the auditorium, Marketing Vice President Kristy Krueger will be the staff presenter. Kristy will discuss her job as well as her off-campus interests.

The popular "Poems I Like" monthly series will continue at 3 p.m. on Wednesday, March 15, in the auditorium. Residents are invited to read a favorite poem to the assembly.

Knitting for a Cause continues through March on Friday mornings in the lounge. In other Wellness news, the scavenger hunt announced in the February Voice remains in development. The norovirus outbreak pushed back all departmental plans, including the ping pong and billiards tournaments.

Recently, three new people joined the Associate Member program, which brings current enrollment to 27.

Newly Arrived Residents

Mary Ellen McMillin	D-14
Ellie McGinn	R-5
Pat Bailey	P-4

Changes made at the Reception Desk

By Bernie Anderson

Mary McGuire, the lead receptionist, was recently promoted to a new position. Her new title is Community Services Supervisor, reporting to George Pattee. She will be responsible for the day-to-day operations of both the reception desk and transportation services. Frances Hawks, transportation and safety coordinator, and her team, along with the Reception Desk staff, will report directly to Mary.

Mary's new office is located at the desk just



Carol Harvey

inside the administration office suite. In her new role, Mary will provide one-on-one concierge-type services to residents without the distraction of phones ringing, packages being delivered and catalogued, radio communications, and the many other duties that the receptionist normally

provides. She will also assist George in monitoring and managing departmental expenses for Community Services and Transportation.

The new face at the reception desk on the main level of the Center is Carol Davis Harvey. She replaced Carole Hayes, who left Broadmead over a month ago. It was thoughtful of Broadmead to maintain the same first name and initial letter of the last in hiring Carol. It makes it much easier for aging minds to remember.

Carol has raised two sons and a daughter, ranging in age from 25 to 30. In the past she has volunteered in her children's school, and served on the Women's Board of Hopkins. She volunteered at the Hunt Valley Antique Show for over ten years and worked at Hill & Co. Realtors for nine years.

Carol enjoys her pets, Gretchen the cat and Jake the bird. She loves gardening and working on home improvements. She looks forward to her new venture at Broadmead.

Broadmead Welcomes

Charlene Pelton Reinke, M-14.
443-578-8463. imcjpr@gmail.com. January 2017.

Charlene Reinke loves the out-of-doors. Her hobbies of biking, hiking and kayaking have taken her on trips across the United States, including an 80-mile bicycle trip from Richmond to Williamsburg in one day and a spectacular hiking and bike trip through the Canadian Rockies.

Born in Cleveland, Charlene grew up in nearby Rocky River. She attended Michigan State University, where she initially majored in music and then received her bachelor's degree in secretarial administration.



Back in Cleveland, where she worked at the National Carbon Company, Charlene met her husband-to-be, William Reinke, who was doing doctoral research. They

married and had four children, Cheryl, Deborah, Cara, and Bill, all of whom live in the mid-Atlantic region. There are nine grandchildren. Charlene spent the 1960s and 1970s at home as her children grew up.

When the Reinkes moved to Baltimore, she volunteered in fair housing programs with Broadmead resident Branch Warfield. In 1980, Charlene returned to the business world as secretary to the assistant dean of student affairs in the Peabody Conservatory. (During those years her marriage ended in divorce.) She then worked in the Department of Population Dynamics at the Hopkins School of Public Health.

In 1999, after three years in California, Charlene returned to Baltimore. Staying close to the outdoor life she loves, she worked at the Eastern Mountain Sports Company and then at REI in Timonium, where she has been for 13 years, providing advice on appropriate gear for hiking and other activities.

As a member of the Maryland Presbyterian Church, she has many friends at Broadmead.

By Mary Ellen Saterlie

Beth Wells, E-5. 443-578-8462.
wellscoach@verizon.net. January 2017.

A Baltimore native, Beth Wells was raised in Pikesville and educated through high school at Maryvale College Preparatory School in nearby Brooklandville. Staying close to home, she chose University of Maryland Baltimore County for her undergraduate studies. As that was in the early days of UMBC, Beth says it was an especially exciting place to be. After a brief stint at the Harvard School of Education, Beth finished her master's degree in counseling at College Park.

Unlike most Broadmead residents, Beth is still working full-time, though she looks forward to retirement in two or three years, when she can turn to other interests.

She is currently assistant vice provost for academic affairs at UMBC. She also finds time to do some part-time career counseling, in which she has long been interested. She has studied and published in the area of occupational choice and career development. Beth says that she finds the range and variety of individuals' goals, approach and determination endlessly interesting.

Beth's career encompasses over a decade in public health prevention and education and over 25 years in public higher education. She also directed a women's center at Old Dominion University.

Beth's association with Broadmead extends years back to her close friendship with former resident Jane Earhart. She has been reading the Voice ever since, she said. In addition, as a member of Stony Run Meeting, she knows many current Broadmead residents.

Beth has a step-daughter, Cathy, from an early marriage that ended in divorce. She is accompanied at Broadmead by Lucy, her miniature Schnauzer.

Some of her many hobbies and interests include crafts, movies, day trips, travel, reading, writing and theater. *By Jackie Mintz*



Broadmead Briefs

Text by Jackie Mintz

Photos by Erroll Hay

Stony Run Friends Meeting will be holding two events to consider the Holocaust, the circumstances, events and atrocities of the years leading up to and during World War II. The first event, on March 19, will be a forum on the work of the American Friends Service Committee (AFSC) to assist and rescue victims before, during and after World War II. One of the speakers will be **Isaac Rehert**, who worked with the AFSC in Germany after the war.

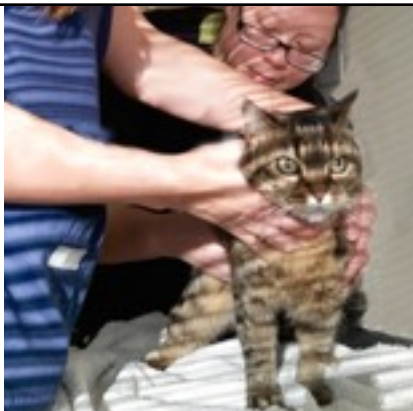
The Multicultural Committee bulletin board, located in the hall opposite the Corner Cupboard, honored the Chinese New Year, the Year of the Rooster, in January. Organized by **Lily Kouo**, the exhibit presented pictures and descriptions of the Chinese family (old and new) and Chinese dances (fan dance and ribbon dance).

February is Black History Month. The bulletin board explains the Black Lives Matter movement. In addition to organizing the display, which includes a time line and history of the movement, **Gwen Marable** contributed a poem, "My Life Matters." **Del Sweeney** researches the committee's exhibits.

New at the April Barn Sale will be a map created by **Jai Dixon** illustrating the locations of specific sales areas. Shoppers may pick one up at the Barn Sale Information Desk at the entrance on Friday April 7 and Saturday April 8.

Residents are reminded that the deadline for donating clothes to the upcoming Barn Sale is **Sunday, March 12.**

Autumn the Cat (K-7) is the first patient to enjoy having a checkup right here on campus with Dr. Vivian Ho of Hunt Valley Animal Hospital.



On Sunday January 29, Broadmead residents heard a virtuoso performance of jazz and klezmer by the Seth Kibbel Trio, featuring Seth Kibel (clarinet), Sean Lane (piano) and Bob Abbott (bass). Seth Kibel is no stranger to Broadmead.

Photo by Errol Hay



Bowls made by Broadmead Ceramic Studio members will be donated for the eighth year to the Empty Bowls event. The annual event, sponsored by St. Vincent de Paul, fosters awareness of efforts to serve the homeless and hungry in the community. It will take place at the Maryland State Fairgrounds in Timonium on Saturday, March 25. Tickets are \$25 and guests will enjoy soups provided by local restaurants, bid for auction items, and select a bowl to take home.

Photo by Errol Hay

InSight – Low Vision

Tuesday, March 28, 3:30 p.m.
Lower Level Art Room



Residents visit Blind Industries' Senior Services for independent living

By Priscilla Barrett

Residents recently visited Blind Industries of Maryland (BISM) to learn about its Senior Services for independent living resources, one of the many training programs offered to partially blind individuals or individuals with low vision.

Devices demonstrated by blind instructors included talking alarm clocks and watches, cellphones with enlarged script, dictation for e-mails, kitchen aids to avoid burns and injury, laundry "sock locks" to keep socks paired, and stick-on Braille markers for stove tops.

Part of the visit involved hands-on experience: residents prepared, with eyes closed, a lunch consisting of a sandwich and fruit cup dessert. The fruit had to be cut with a knife, placed in a cup and Cool Whip added.

After the lunch, there were demonstrations on money identification and credit cards for shopping or travel. White cane technique was demonstrated as a sensory aid to one's surroundings and navigation, with an opportunity to test it, again with eyes closed. Several residents brought a cane home.

Product resource booklets and a few catalogues from BISM have been placed in the lounge next to the machine reader.

March Exhibits

Yosemite

Photos by Erroll Hay
Lower Level

Spinning Reels

Early Slot Machines
Atrium

An Evening Out

Display Case

Paint & Pastels Class

East Hall

Broadmead Falls Committee
presents

March into Spring Safely: Falls Prevention Lecture

Presenters:

Maureen Horman
Director of Rehabilitation

Larissa Perry
Physical Therapy Assistant

Wednesday, March 29,
10:30 - 11:30 a.m.
Auditorium

Resident “legacies” living proof of Broadmead’s appeal

By Nancy=Bets Hay

[Editor’s note: A few months before moving into Broadmead in May 2013, Nancy-Bets Hay rediscovered a poem she had saved by Ruth Williams that had been published in the Voice some years ago (see box). It triggered the question, “How many current residents of Broadmead are legacies?” Neither the BRA nor Broadmead administration had that information, so a questionnaire was sent to all current residents. This is the result of that survey.]

Twenty-seven (7 percent) of the 364 current residents of Broadmead are legacies. That is, they had a relative who lived here before they came. (See list, facing page) These legacies count 51 preceding relatives among them. Most say that their relatives’ positive experiences influenced their own decision to move to a CCRC and to pick Broadmead among the CCRCs in the area.

When Broadmead opened in mid-September 1979, the first new residents were confronted with a sea of mud around their homes and the paved walkways. Those hardy residents have ever since been referred to as “mudders.”

Twenty of the 51 predecessors were “mudders,” and they are responsible for 11 of the 27 legacies. Adding four more who moved into Broadmead in 1980, still in the first year of its existence, means 15 (or over half) of the legacies go back to the very beginning of Broadmead.

These residents have personally known and intimately experienced Broadmead through parents, grandparents, older siblings, or aunts and uncles over all or nearly all of its history. That they then chose to move to Broadmead themselves speaks volumes about how satisfied they were with

the living arrangements and the health care here.

Predecessors and their legacies alike were often active in Broadmead affairs, then and now.

Sue Carnell is a legacy through her mother, “mudder” Alice Powel. Sue’s late husband, John, was founding chair of the Broadmead Board of Trustees.

Marjorie Scott’s parents, Bliss and LaVerne Forbush, were “mudders” and her sister, Helen-Mary Overstreet, and sister-in-law Lois Forbush also lived here. Marjorie is a lifelong member of Stony Run Friends Meeting, which founded Broadmead. Lois and another sister-in-law, Betsy Forbush, have served on the Board of Trustees.

Nancy-Bets Hay tops the list with five predecessors. Her parents, Nancy and Josh Rowe, were “mudders,” and two aunts and an uncle moved here later. Nancy Rowe founded the Bird and Nature Club.

She also was active in the Writers’ Group and was frequently published in the *Voice*.

Duffy Mathias, like Marjorie, has four predecessors. Duffy’ parents and an aunt and uncle were all “mudders.”

Broadmead Legacy

By Ruth S. Williams

They came before us,
Our Fathers and our Mothers,
To this place called Broadmead,
And it seemed to be good.

Set midst fields and stream
Trees waving in the wind
Flowers of pink, red, and blue
Rich beauty to behold.

A myriad of things to do,
Dinner in the dining room,
Books from the library,
Movies, games, and programs,

But most of all we saw
Gentle hands and loving care
Offered in time of need
And we felt that it was good.

So when the day came
When our knees creaked
Our eyes were dimming
And our homes seemed too large,

We packed up our belongings
And followed our Mothers and Fathers
To the community called Broadmead,
And now we know that it is good.

Ned Clapp's grandmother, Ellen Clapp, moved here in 1980, and his parents, Clyde and Dottie Clapp, came later. This makes him, it is believed, the first and only *third generation* legacy at Broadmead.

Jack Daum's mother-in-law, Pauline Armacost, lived here years ago, and he has fond memories of her bright spirit and smile – “everyone loved her and her presence lit up the room.”

Rose Hijikata's predecessor is her sister, Miyuki Takano. Rose's late husband convinced then-CEO Rich Compton to start a Wellness program here.

One of **Fred Terry's** three predecessors is his uncle, John Parker, who was on the original Stony Run Friends Meeting committee that created Broadmead.,

Ann Allen Dandy's mother-in-law, Sadie Dandy, was happy to be here with several of her classmates (Emma Thomas and Claire Stieff) from the Goucher Class of 1922.

Questions about the longevity of their predecessors were not asked of the legacy residents, but some mentioned it: at least six lived well into their 90s, and we know of three who lived beyond age 100 (Caleb Winslow, Adelaide Silberstein and Margaret Cromwell).

Broadmead Writers Group

Fridays at 4 p.m. Fireplace Room

Often followed by dinner
New members welcome

New Residents Welcome Reception

Thursday, March 16th, 7 p.m.
Auditorium

Refreshments will be served

Please wear name tags

Current Legacy Residents (as of January 2017)

Bernie Anderson	George “Duffy” Mathias
Cynthia Ballard	Emily Mohr
Mike Bielefeld	M.B. Munford
Nancy Boyce	Marilyn Nuttle
Sue Carnell	Marjorie Scott
Ned Clapp	Mary Ruth Sidwell
Ann Allen Dandy	Priscilla Stieff
Jack Daum	Kitty Stierhoff
Betty Douglas	Peggy Taliaferro
Nancy-Bets Hay	Fred Terry
Rose Hijikata	Eric Walbeck
Lynn Jones	Sally Weinman
Barbara Koppelman	Louise Williams
Ruth Williams	

Rogers and Hammerstein musicals featured in Adventures in Learning series *By Penny Partlow*

Lovers of musical theater will want to mark their March calendars for the upcoming Adventures in Learning series: *The Magic and Music of Rogers and Hammerstein*. Presented by Lynn Summerall, the multimedia lectures will begin on March 1 with *Oklahoma*, followed by *Carousel* on March 8, and *South Pacific* on March 15. They will conclude with *The King and I* and *The Sound of Music* on March 22.

Summerall, a graduate of Towson University with a B.A. in theatre arts and additional study at the Peabody Institute, has recently returned to Baltimore, where he is planning to assemble a Big Band similar to the one he led in his spare time in Norfolk, VA, where he was classical radio announcer for National Public Radio.

His earlier career in theater management and publicity included a tour of South America with the Virginia Opera Company; interviews for WBJC, and assignments at the Metropolitan Opera, the New York Philharmonic Orchestra, and Radio City Music Hall.

Broadmead expands scope of technical help to residents

By Bernie Anderson

Chief Financial Officer John Palkovitz formally announced, at a recent Fireside Chat, an addition to the technical services now available to residents. Responding to residents' needs for more technical assistance, especially when it involves their personal computers, John outlined what residents should do if they need some type of technical help.

John differentiated what Broadmead will handle under the terms of the Resident and Care Agreement, meaning there would be no additional charge, versus services that will be charged for. Assistance will be available, at no charge, in setting up, at move-in, the wired telephone, basic cable TV and connection to Broadmead's resident wi-fi service. Free help also includes assistance in checking a problem, rebooting a system, and confirmation that a system is functioning.

For any other issues, a technician from Asbury, the company that provides all of Broadmead's IT services, will respond to evaluate a problem and determine the cause. Any problem requiring more technical help, such as installing a printer, installing new software or resolving some other computer issue, will be subject to an hourly charge of \$50, with a minimum charge of \$25 for half an hour.

To request IT assistance, residents should call the Maintenance Department, just as they would for other maintenance issues (x8022). A Broadmead technician will be dispatched to the unit to ascertain the nature of the problem, and fix it if it's in his area of expertise. This will not be subject to a charge. If further assistance is needed, the Asbury staff will be contacted, and a visit scheduled. An estimated cost may be given. Other options will also be reviewed with the resident.

In Memoriam

Gretel Weiss

November 8, 1920 - February 16, 2017

Broadmead Trips Committee Philadelphia Museum of Art

*American Watercolor in the
Age of Homer and Sargent*

Thursday, March 23

Bus departs: 10 a.m. Lower Level

Return by 4:30 p.m.

The Reopened Wing of the National Gallery of Art

Tuesday, May 2

Bus departs: 9 a.m. Lower Level

Return by 4 p.m.

*Please check the Trips Bulletin Board
behind the reception desk
for information and sign-up sheets.*

BRA Health Care Lecture

Tuesday, March 21

10:30 a.m. Auditorium

Stress – Helpful or Harmful?

Jeff Gary, Ph.D.

Wellness

Poems I Like

Wednesday, March 15

3 p.m. Auditorium

The Exchange

Guest: Kristy Krueger, V.P. Marketing

Thursday, March 23

3 p.m. Auditorium

NCR Trail for Hiker & Bikers

Sign-up required

Tuesday, March 28

9:30 a.m. Lower Level

Healthy Cooking Demonstration

Sous Chef Leroy Richardson

Thursday, March 30

3 p.m. Auditorium

Knitting & Crocheting for a Cause

Fridays, 10:30 a.m. Lounge

The Creative Scene

By Jane Elkinton

All four exhibition venues have new March displays on a dizzying variety of themes.

The **Lower Level Gallery** features

“Yosemite”—photographs taken at that park by Erroll Hay in 2015. Erroll notes the sense of awe inspired by massive granite cliffs that rise 3,000 feet above the valley floor. Yosemite is the site that John Muir convinced Theodore Roosevelt to make a National Park and that Ansel Adams made famous with his photographs.

The **Atrium** displays “Spinning Reels: Early Slot Machines,” which includes five antique slot machines dating from 1929 to 1935, all loaned by resident Fred Terry.

The exhibition provides information about the lively early history of the “one-armed bandit” from its beginnings in 1882.

Included in the collection is a Watling *Rol-A-Top*, considered to be the Cadillac of collectible

slot machines. Fred is in the process of restoring a 1929 Mills *Poinsettia* machine, allowing visitors to see its interior workings. He will be available in the gallery at the posted

times to answer any questions about this amazing collection.

The **Display Case** will dress up for “An Evening Out” in a presentation of antique evening bags loaned by Sibylle Ehrlich and others. Wine glasses complement the purses.

The **East Hall** for March is exhibiting new works by the members of Sali Thomas’ *Paint and Pastels* class. The varied subject matter reflects the individual directions of the students.

Contributors to this annual

show are Nancy Allchin, Sue Baker, Peg Barton, Sandy Butzow, Anne Daly, Joyce Griffith, June Minch, Charlotte Parker, Lucinda Shaw, Bobbie Siebens, Mary Sturm, Sali Thomas and Carolyn Walters.



Fred Terry, slot machine collector and restorer, putting a nickel into his 1935 *Rol-A-Top* machine Photo by Erroll Hay

Whom do you call after hours if you need help?

by Bernie Anderson

Do you ever wonder what to do in case of an emergency? Because the *Voice* sensed that some residents are confused about the procedure, we decided to report on it for clarification.

The main Broadmead number is **410-527-1900**. This number can be reached by dialing **0** from a phone that is part of the Broadmead telephone system.

You can call this number at any time, and someone should answer. Calls between the hours of 7:30 a.m. and 9:30 p.m., seven days a week, are answered by the receptionist at the front desk, who is trained to get the help needed.

After 9:30 p.m., all calls to this number are forwarded directly to the campus safety officer’s cell phone.

It is NOT recommended to call that number for health emergencies during off hours, since the campus safety officer may already be on a call and unavailable to help. Also, he may be in a location on campus with weak cell coverage.

The best way to get timely help for a health emergency is to activate your pendant or pull the closest pull cord in your unit. If neither of these is accessible and a phone is nearby, you should call 911. In that case, 911 will attempt to call 410-527-1900. If Campus Safety receives the call, it will respond to the cluster nurse and have 911 stand by. If there is no answer, 911 will dispatch emergency personnel to Broadmead.

If the emergency is NOT health related, either leave a message and wait for a call back or call again in about 30 minutes.

Religion at Broadmead

Friends Meeting for Worship

Sundays, 11 a.m.
Stony Run Board Room

Interfaith Vespers

Third Sundays, 4:30 p.m.
Lounge

Bible Study

(sponsored by
Woodbrook Presbyterian Church)
Tuesdays, 10 a.m.
Fireplace Room

Catholic Mass

(sponsored by St. Francis Xavier Church)
Second Wednesdays, 10 a.m.
Stony Run Board Room

Episcopal Communion

(sponsored by Sherwood Episcopal Church)
First Thursdays, 10:30 a.m.
Dining Room Flex Space

Conversations in Morals and Ethics

(sponsored by
Towson Unitarian Universalist Church)
Third Thursdays, 10 a.m.
Fireplace Room

Shabbat Service

Third Fridays, 7 p.m.
Fireplace Room

Let's Sing

Monday, March 20
7 p.m. Lounge

Cluster E gains a feline resident

Story and photo by Suzanne Crowder

The sudden loss in October of their beloved cat left the Crowder apartment bereft of the joys of a feline presence. Two months later they went to the Defenders of Animal Rights, where they found a recently acquired litter of three kittens, and after nearly an hour of engaging each kitten and being snuggled with and purred over, it was clear that little two-pound ginger and white "Arthur" needed to come home with them.

A bit concerned about separating him from his litter mates and introducing him to a strange new home, the Crowders loaded him into the cat limousine. Discarding the shelter name of Arthur as too formal, they plucked the name Robby out of the ether. In two days he responded to that name.

Visitors to E9 now will be greeted by an engaging Robby, who offers to snuggle and play throughout the day. To be awakened with joy each morning and to fall into bed each evening with him has been the gift of the winter of 2016-17.



Residents Association Concert Series

Sunday, March 5, 3:30 p.m. Lounge

Phillip Kolker and Friends

Phillip Kolker - bassoon
Jane Marvine - oboe
Yong Hi Moon - piano

Cabaret Music and Dancing

Monday, March 13
7 p.m. Lounge

Everyone welcome



Broadmead Movies

Auditorium 7 p.m.

Tuesday movies by Bob and Elborg Forster
Saturday movies by John DePrine and Bob Gist

Saturday, March 4

Sully

(Tom Hanks, Aaron Eckhart) Captain Sullenberger safely landed an Airbus 320 on the Hudson River after both engines were disabled by birdstrikes.

2016 PG-13 1 hour 36 min

Tuesday, March 7

Driving Miss Daisy

(Morgan Freeman, Jessica Tandy) A simple working man is hired as a chauffeur for a "difficult" Southern white lady. Both broaden their horizons and become friends.

1989 PG 1 hour 39 min

Saturday, March 11

No Reservations

(Catherine Zeta-Jones, Aaron Eckhart) An uptight chef finds her life turned upside down when she becomes the sole guardian for her orphan niece.

2007 PG 1 hour 44 min

Tuesday, March 14

Great Expectations

(John Mills, Valerie Hobson, Alex Guinness, Jean Simmons) Charles Dickens's classic story about young Pip and his mysterious benefactor who brings him out of the slums of 19th century London and makes him into a gentleman of means.

1946 NR 1 hour 58 min

Saturday, March 18

My Fair Lady

(Amy Nuttal, Christopher Cazenove)

This production of the famous musical was filmed at the Palace Theater in Manchester, England. **(NO SUBTITLES)**

2005 NR 2 hour 37 min

Tuesday, March 21

The Tin Drum

(David Bennett, Mario Adorf, Angela Winkler)

Three-year-old Oskar refuses to grow any taller as the Nazis seize power in Germany and takes to banging out his anger on his tin drum. Is this "realistic fantasy?"

1979 R 2 hour 22 min

Saturday, March 25

Amadeus

(F. Murray Abraham, Tom Hulce) The incredible story of Wolfgang Amadeus Mozart told by his peer and secret rival Antonio Salieri now confined to an insane asylum.

1984 R 2 hour 40 min

Tuesday, March 28 Oh, What A Lovely War!

(Laurence Olivier, John Gielgud, Vanessa Redgrave) Vignettes of World War I, designed to show the absurdity of war. Pervasive images of red poppies.

1969 G 2 hour 24 min

March in Hallowell and Taylor

Thursday, March 2, 1:30 p.m.

National Capital Therapy Dog Visits

Friday, March 3, 11:00 a.m.

Hallowell Hall Cluster Meeting

Saturday, March 4, 3:00 p.m.

Monthly Music Program with Dr. John

Wednesday March 15, 3:00 p.m.

Monthly Birthday Party

Friday, March 17, 3:00 p.m.

St. Patrick's Day Party

Monday, March 20, 10:30 a.m.

Taylor Hall Cluster Meeting

Open Forum

7 p.m. Auditorium

Thursday, March 2

"Investigating Nationalized

Medicine in Cuba"

Ronn Pineo, Ph.D.

Chair, Department of History

Towson University

Thursday, March 9

Note: 4 p.m. Auditorium

"Nuclear Security"

Melvin Goodman

Former CIA Officer, Chief, Russian Desk

VOICE OF THE RESIDENTS

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EDITORIAL POLICY

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents.

As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems.

The Voice does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems.

Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the first Wednesday of each month. Advance publicity about events should be submitted by the 12th of the prior month, and those assigned to report on events should submit copy of no more than 400 words by the 12th of the prior month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, and should be sent to voiceBRA@gmail.com, wmreinke@comcast.net and jmintz137@comcast.net, with a hard copy in *The Voice* box in the BRA office.



Buzzards gathering for a confab on tree behind Cluster W.

Photo by Erroll Hay